



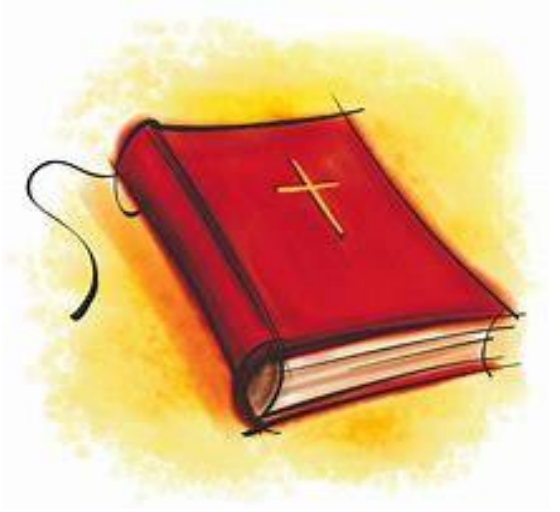
*A Spiritual Center for
Empowered Living*

“Spiritual Maturity”

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If I were to choose a single Biblical passage that expresses spiritual maturity, it would be Romans, Chapter 12, Verse 2



Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God – what is good and acceptable and perfect.

This is developing the ability to be in the world, but not of it.



What does that mean?

To disregard the dominant world viewpoint



So, how do we not be “of” the world?

Before we answer the question, let's remember who we really are – spiritual beings – and that when we are aligned with Spirit, we experience order, peace, love, and wisdom. If we are not experiencing this, then we have limiting thoughts and beliefs that are in the way.

Remember, as within, so without.



First, we must stop being victims and let go of our emotional baggage.

- Most, if not all, of us grew up with a lot of limiting beliefs and messages.
- Clean the wineskins by regularly practicing forgiveness.

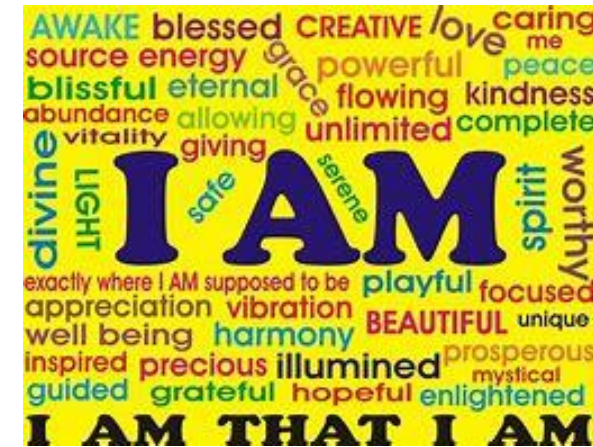
Secondly, we must stop creating what we don't want and affirm the Truth of us. We do this by—

- Being mindful of what we are creating by our thoughts and words.





- Stop judging, criticizing, condemning, complaining, comparing



- Use denials and affirmations to change beliefs we want to change.

As we change the way we see ourselves and how we respond to life, we get ourselves out of the way -- we clear the channel so that we experience less stress and more of the Divine Flow.

The most important element of spiritual maturity is practicing the presence of God. We do this through prayer and meditation.



We are not separate from God, never have been. It just seems like it, especially when we are struggling.

We need to experience our Source, to be reminded who we are.

“We no longer care to have somebody just tell us the works from the outside. We want a revelation of God as love within us, so that our whole being will be filled and thrilled with love – a love that will not have to be pumped up by a determined effort because we know that it is right to love and wrong not to love, but a love that will flow with the spontaneity and fullness of an artesian well, because it is so full at the bottom that it must flow out.” – H. Emilie Cady, Lessons in Truth.



We are dynamic expressions of the Infinite



- Ocean/wave
- In God, I live and move and have my being.
- Each-ness in the Allness

When we are in the
Divine Flow, we are—

Love

Peace

Wisdom

Strength



When we are in the flow,
we feel—

Happy

Peaceful

Grateful

Abundant





When we are in the flow, we receive Divine guidance.

“My yoke is easy, and my burden is light.”

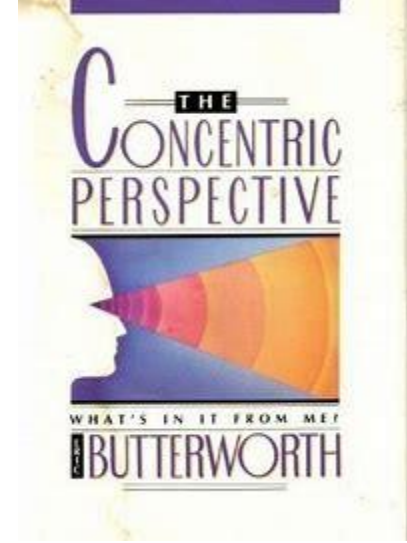
Thus is our mind renewed and we discern the will of God.



With a consistent awareness of our divinity comes a paradigm shift

- Peace and happiness – inside jobs
- See the good and the divine
- No worry
- Divine Order
- Love, joy, peace, and gratitude – create *from*

In his book, *The Concentric Perspective: What's In It From Me*, Eric Butterworth describes this shift like this:



Life's meaning is not to be found out there in relationships or jobs or baubles. Life is something one releases from within. It is purely concentric. When you know who you are with an awareness of life flowing forth abundantly through you, then you put meaning into your work, give meaning to experiences, and derive meaning from relationships by the giving attitude in which you meet them.



For most of us, Spiritual maturity is something we develop over years or maybe lifetimes. It requires willingness, focus, persistence, and self-patience. It is a sacred journey without distance to step into larger and more dynamic expressions of our spiritual selves.

Let's go to the Silence





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